<table>
<thead>
<tr>
<th>WEEK</th>
<th>ESSENTIAL QUESTIONS</th>
<th>CONTENT</th>
<th>SKILLS</th>
<th>ASSESSMENT</th>
<th>STANDARDS</th>
</tr>
</thead>
</table>
| 1    | How can one recognize an emergency and overcome their fears of taking action? | Before giving care | - recognize emergency situations  
- recognizing sudden illness  
- understand why some fail to act  
- ways to overcome fear  
- discuss the Good Samaritan law  
- demonstrate steps for gaining consent  
- recognize circumstances for calling 911 | Written quiz  
Final Exam | 2.1.12.D.6 - [Cumulative Progress Indicator] - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.  
9.3.12.ED.4 Evaluate and manage risks to safety, health and the environment in education and training settings |
| 2    | What is the importance of having prescribed steps for handling emergencies and why should every citizen have this knowledge? | Emergency Action Steps | - recognize and understand shock  
- list and perform the steps for treating shock  
- describe the “check-call-care “steps for dealing with a conscious person | | 2.1.12.D.6 - [Cumulative Progress Indicator] - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies. |
| 3    | Respiratory Emergencies | - describe the conditions causing conscious choking  
- recognize through victim behaviors what type of obstruction is present  
- perform first aid steps for each type of obstruction (back blows and abdominal thrusts) | Written quiz  
Final Exam  
Demonstrate first aid technique using mannequin | | 2.1.12.D.6 - [Cumulative Progress Indicator] - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies. |
| 4    | Checking and unconscious person | - describe the “check-call-care “steps for dealing with an unconscious person  
- outline and perform | Written quiz  
Final Exam  
Demonstrate | 2.1.12.D.6 - [Cumulative Progress Indicator] - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies. |
<table>
<thead>
<tr>
<th>#</th>
<th>Question</th>
<th>Topic</th>
<th>Steps for CPR</th>
<th>First Aid Technique using Mannequin</th>
<th>Emergencies</th>
<th>Cumulative Progress Indicator</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>How will my learning first aid and CPR affect the lives of those around me?</td>
<td>Cardiac Emergencies</td>
<td>recognize the signs and symptoms of heart attack, outline steps for preventing cardiovascular disease, understand the purpose of CPR, describe the “check-call-care” steps for dealing with a cardiac emergency</td>
<td></td>
<td>.2.1.12.C.1 - Cumulative Progress Indicator - Predict diseases and health conditions that may occur during one’s lifespan and speculate on potential prevention and treatment strategies.</td>
<td>.1.12.C.2 - Cumulative Progress Indicator - Develop strategies that will impact local, state, national, and international public health efforts to prevent and control diseases and health conditions.</td>
</tr>
<tr>
<td>6</td>
<td>How can the chain of survival save lives?</td>
<td>AED use</td>
<td>understand the purpose of the AED, describe the “check-call-care” steps for dealing with a cardiac emergency</td>
<td>Written quiz, Final Exam</td>
<td>.2.1.12.D.6 - Cumulative Progress Indicator - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.</td>
<td>.2.1.12.B.1 - Cumulative Progress Indicator - Predict the short- and long-term consequences of good and poor decision-making on oneself, friends, family, and others.</td>
</tr>
<tr>
<td>7</td>
<td>How does CPR and rescue breathing help preserve life?</td>
<td>Unconscious Choking</td>
<td>describe the “check-call-care” steps for dealing with an unconscious choking victim, understand what first aid steps to perform if air does not successfully go into victim</td>
<td>Written quiz, Final Exam</td>
<td>.2.1.12.D.6 - Cumulative Progress Indicator - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.</td>
<td>.2.1.12.B.1 - Cumulative Progress Indicator - Predict the short- and long-term consequences of good and poor decision-making on oneself, friends, family, and others.</td>
</tr>
<tr>
<td>8</td>
<td>When is first aid by a nonprofessional enough and when does one need to have a professional involved?</td>
<td>First Aid</td>
<td>list steps and be able to perform first aid for: cuts and bleeding, bruises, and burns</td>
<td>Written Test</td>
<td>.2.1.12.D.1 - Cumulative Progress Indicator - Determine the causes and outcomes of intentional and unintentional injuries in adolescents and young adults and propose prevention strategies.</td>
<td>.2.1.12.D.6 - Cumulative Progress Indicator - Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>9.3.HU-FAM.5 Evaluate crisis prevention, intervention and resolution techniques to</td>
<td></td>
</tr>
</tbody>
</table>

ALL
|   |   | **formulate emergency plans.**  
**9.3.LW-EFM.2** Manage an incident scene as the first responder using emergency response skills.  
**9.3.LW-EFM.10** Demonstrate the use and various applications of the equipment commonly used in emergency and fire management services. |