

## WEST DEPTFORD TOWNSHIP SCHOOLS

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| Content Area: Health - Physical Education  |  |  |
| Grade Level: 1   |  |  |
|  |  |  |
| <b>PE Unit 1: Movement Skills and Concepts</b>   |  |  |
| 09/18/2023 → 11/3/2023   |  | 7 weeks  |
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| <b>PE Unit 2: Physical Fitness</b>   |  |  |
| 11/6/2023 → 12/8/2023  |  | 5 weeks  |
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| <b>PE Unit 3: Manipulatives</b>  |  |  |
| 12/11/2023 → 1/5/2024 (Part 1 = 3 weeks)<br>03/25/2024 → 05/10/2024 (Part 2 = 6 weeks) |  | 9 weeks  |
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| <b>PE Unit 4: Lifetime and Cooperative Activities</b>                                  |  |  |
| 05/20/2024 → 06/7/2024   |  | 3 weeks  |
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| <b>Health Unit 1: Nutrition</b>  |  |  |
| 01/2/2024 → 01/26/2024   |  | 3 weeks  |
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| <b>Health Unit 2: Health Conditions, Diseases, and Medicines</b>                       |  |  |
| 01/29/2024 → 03/14/2024  |  | 7 weeks  |
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| <b>Health Unit 3: Lifelong Fitness</b>   |  |  |
| 03/18/2024 → 03/28/2024  |  | 2 weeks  |
|  |  |  |
| Date Created: August 2022<br>Revised:  |  | Board Approved: August 2022<br>Revised Board Approved: |